

PAINT WITH KATO! MATERIAL LIST

Baxter Arts Centre, 3 Stanley Street, Bloomfield

What inspires you? Bring photos or better yet, **coloured 8.5 x 11" photocopies of images** you want to paint. Painting is a journey – it will be fun, and you'll amaze yourself again and again. You can only go at your own speed, which is the great thing about aging with art.

WHAT TO BRING: I have some supplies that I am happy to share. But eventually you'll want your own...

PAINT: There are a slew of paints on the market, and I think Golden acrylics are the best. You get what you pay for, and because they have more concentrated pigment, you actually use less paint. **I REALLY like the Art Noise brand called TRUE COLOUR (artist grade) made by Tri-Art in Kingston** and their cheaper brand Rheotech is okay too. One brand to avoid is Art Loft from Michael's. Invest in the best if you can, and I know it's a big commitment. GOLDEN are the best but \$\$\$ – they have more concentrated pigment, so you actually use less paint. Recommended colours (name changes according to brand):

1. Hansa Yellow Light (Cadmium Yellow Light, Lemon Yellow)
2. Darker Yellow (Cadmium Yellow Deep)
3. Orangey-Red (Cadmium Red Light, or Medium, or Naphthol Red Light)
4. Cool Red: Quinacridone Red or Magenta
5. Titanium White (you will probably go through a lot of this)
6. Raw Umber
7. Yellow Ochre
8. Ultramarine Blue
9. Alizarin Crimson
10. Phthalo Blue (green shade)
11. Burnt Umber

WHAT TO PAINT ON: Stretched canvases (don't buy stretched canvases from the Dollar Store please.) Canvas boards (I have some to sell at cost) are easy to transport. You'll need about 6 to 10 over the weeks, and you can work on any size. I'd recommend 8 x10, 9 x 12, 11x 14, 12 x16. Some people buy 1/8 sheet of plywood and cut them up into smaller boards (they need to be primed with gesso). Wooden cradled panels are great too (also need to be primed with gesso).

Gel Medium (small jar, gloss or matt...I like the more liquid kind)

Brushes: assortment sizes synthetic Flat or Brights size 4, 6, 8, 10 and some big brushes from hardware store

Palette Knife (metal or plastic, I like the long skinny ones)

Disposable palette pad (12 x 16, grey or white) or you can use a roll of freezer paper, or a piece of glass

Pencil (4B - 6B) and **WATERCOLOUR PENCILS** any colour.

White eraser

Sketch pad (8 x 11 – I like the hard covered ones but it doesn't matter)

WHITE Plastic sheet to cover your table. A white plastic shower curtain from the dollar store works!

Plastic container for water (big yogurt container...not too small)

Paper Towels

Gesso (I have a big tub which I'm happy to share)

Stay Wet Palette – optional palette/storage that keeps your paint wet week to week. You can get it at Curry's. Go for the big size.

OPTIONAL: Green painter's tape, Charcoal, Xacto knife, Ruler, Sandpaper, Spritzer bottle, Hair dryer, portable easel (desk top size or not)

WHAT TO STORE YOUR SUPPLIES IN: You'll figure out what is best for you, but tool cases/boxes from hardware stores are great (about 3 feet long with a handle and two levels inside). Some people use a market basket cart with wheels...whatever works for you.

WHERE TO BUY:

www.currys.com (free delivery over \$75 sometimes less)

www.deserres.ca/en/ (compare prices, their delivery is better than Currys)

In Belleville: <http://canada.michaels.com> (Sign up for their newsletter or app for additional savings. Sometime they have good sales...otherwise it's overpriced. Avoid Artist's Loft paints. and Amsterdam are just so so)

www.barrattsofficepro.com Downtown Belleville

Art Noise in Kingston on Princess Street

NEW IN THE COUNTY! Chord & Canvas, 331 Main Street. 613.471.1475 Mention KATO to Daryll and receive 15% off everything. They carry Rheotech and Tri-Art, canvases, boards and panels, and can order in True Colour paints. Yay!

Contact me if you have any questions. katowake@gmail.com 613 476 9963